

# Activity 45: Domino effect and collective consumption

Think and discuss about each question before moving on to the next one. You can make notes of your discussions in the empty box.

#### Do you believe in the positive Domino Effect on a person's consumption habits?

1

#### WHAT IS THE DOMINO EFFECT?

Domino effect: starting small can lead to further, more meaningful actions.

Buying LED light bulbs might lead to

- wearing warmer clothing and turning down the thermostat
- changing curtains to decrease heat loss
- insulating doors/windows
- buying energy-efficient appliances
- installing a programmable thermostat

### Do you believe there is a 'counter-Domino' effect?

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#### WHAT IS THE COUNTER-DOMINO EFFECT?

The 'counter-Domino' effect: if a product is advertised as sustainable, people will simply consume more of it and negate its ecological advanages. Examples:

- Recycling --> using more paper
- A more efficient fuel --> driving more
- More efficient heating/cooling systems --> putting the temperature higher / lower



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# If you are engaged in a public action to save the climate, will you do more or less in private?

3

Some people would say that when they have signed a petition on climate change, they have already done their part.

So does public engagement with climate make people more active in their day-to-day climate-friendly behavior, or less?

Do believe that people who are very public about their actions, such as climate activists, really commit to it in their personal actions?

## Is it better to do what you can quietly or publicly?

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Do you think private engagement with climate issues – doing you part away from the public's judgmental eyes – would make you more prone to continue your eco-friendly consumption behavior?

Is this a way that reflects more closely your true values?

Or is it the opposite – is lone climate action doomed to impotence? After all, a single person can achieve so little.