



Activity 58: Travelling to the future

Reducing consumption, whether it be food or shopping of products, can greatly reduce the waste and pollution we produce, as well as reducing the overproduction our society is part of.

Reduce

A central principle of circular economy and a more sustainable behaviour is reusing items. Items and objects can have multiple ways of use, even if some may be less obvious. Food containers can turn to flower pots, glass bottles to vases, etc.

Reuse

Whether it be already reused items or new items, when damage appears, often it is better for the planet (and your budget) to repair items rather than buy new ones. Especially since we will learn important handicraft skills through it.

Repair

Different from Repairing, Refurbishing includes repairing something by exchanging certain parts of the original item with alternative or new ones when damaged. An example is Birkenstock shoes, who can easily be disassembled by professionals and parts be exchanged.

Refurbish

One of the most known principles of sustainability and greener behaviour is recycling. Items which cannot be repaired or even refurbished, can be recycled and turned into something completely new. Therefore it is already good to check what materials can be recycled before buying a product.

Recycle

What can I do with my items?



Co-funded by
the European Union

Project Nr. 2023-2-TR01-KA220-ADU-000174188

The Erasmus+ Program is supported by the European Commission. However, the European Commission and the Turkish National Agency cannot be held responsible for the views expressed herein.